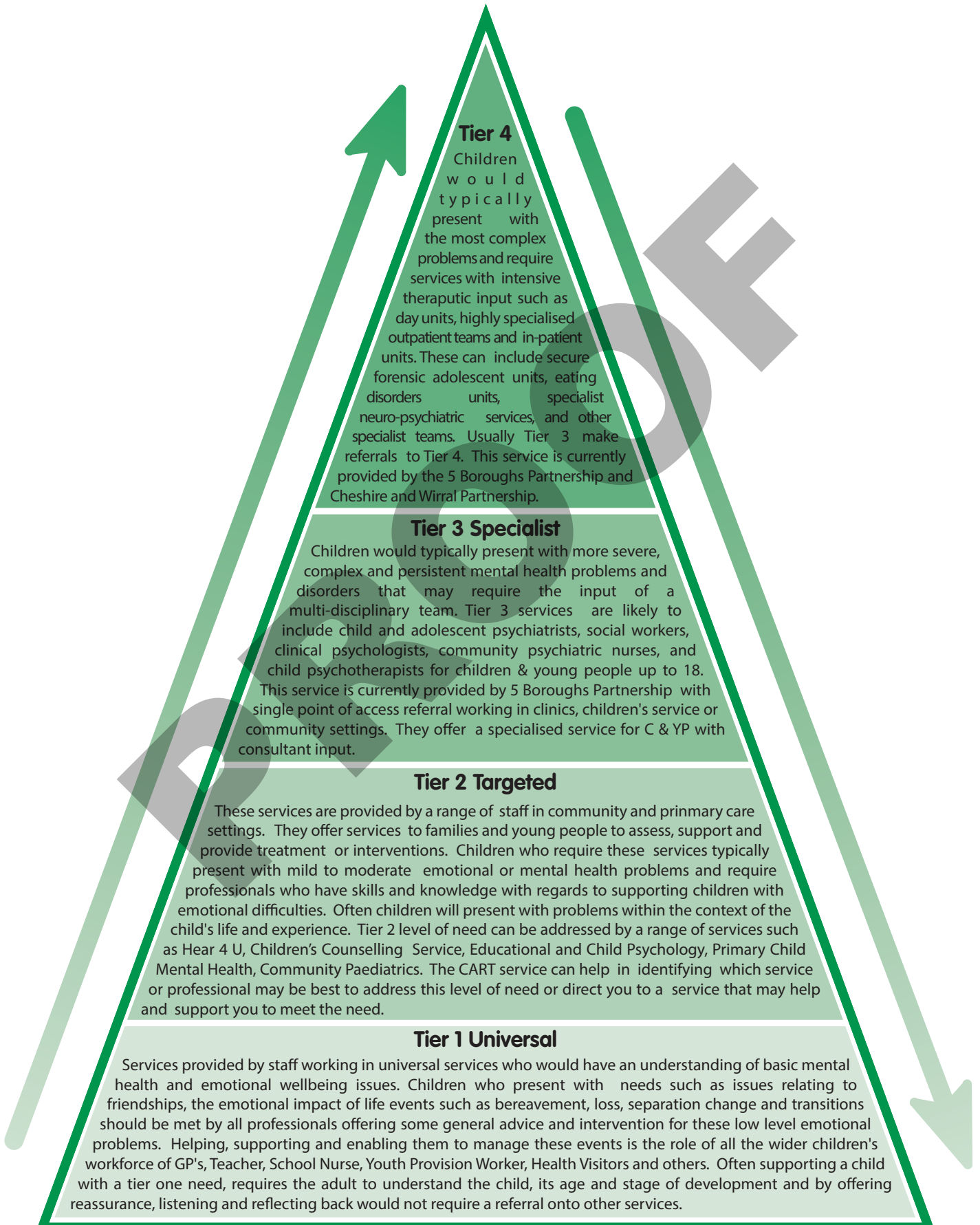


Practitioner Guide to CAMHS 'Tiers'



Tier 1 Universal

Service name	What does it do?	How to refer/contact the service
GP, teacher, school nurses, Health Visitors, Youth workers such as Catch 22 Universal Provision	Provide general advice and intervention for low level emotional problems. Meeting C&YP's needs requires the adult to understand the child, its age and stage of development and by offering reassurance, listening and reflecting back would not require a referral onto other services.	Direct contact by the parent/carer, child/young person

Tier 2 Targeted

Service name	What does it do?	How to refer/contact the service
Halton Children's Social Care – Contact and Referral Team (CART) includes IWST	Processes all telephone/e-mails/ letter referrals and information requests for children with a Halton. A qualified Social Worker will make a decision on the most appropriate service for a child in line with Halton Level of Need Framework. Contact and Referral Team Social Workers will also offer safeguarding guidance and advice, regarding the making of referrals.	0151 907 8305 (out of hours after 5pm and all weekend 0345 050 0148)
Primary CAMHS (PCAMHS)	Training & Consultation / Liaison to any professional who works with children and young people. Direct Work for children and young people who present with mild to moderate mental health difficulties such as anxiety or low mood. Where the difficulties have been present for less than 6 months and the mental health difficulty is not due to wider systemic problems. Healthy Weight: In conjunction with the Growth and Nutrition Service across Halton and St Helens. They offer a service to children and young people who have a mental health difficulty associated with being overweight or obese.	Referral by any professional to PCAMH The Bridges Learning Centre, Crow Wood Health Park, Crow Wood Lane. Widnes WA8 3LZ Tel 0151 495 5095 Fax 0151 257 9231
Attendance and Behaviour Service	This included the statutory education welfare service that becomes involved when children fail to attend school. This service also has community support workers who can help schools to implement and understand the behavioural presentations of children. Both elements of this service can be accessed. Advice can be provided about exclusion from school.	Referral via the child's school or open referral to the team on 0151 511 7146
Educational and Child Psychology Service	Help schools to assess, understand and address a Child's learning /behavioural and emotional needs.	Referral is made by the Child's school directly to the educational psychologist allocated to the school. Referral via http://www.thelifecloud.net/las/Halton/spaces/HaltonPages-Inc-lusiveLearningDivision-ProfessionalPage/
SEN (Special Educational Needs) Service	For children with additional needs that may require support to access education. This can include identifying an alternative education provision to meet that Child's individual needs. The additional needs included physical, emotional and psychological needs.	Referral via the child's school or parent referral via http://www.thelifecloud.net/las/Halton/spaces/HaltonPages-Inc-lusiveLearningDivision-ProfessionalPage/
Young Addaction	Offer one to one or group work support to children aged 10yrs to 19yrs. They offer a wide range of support for children who themselves may be using substances or when they have a parent, carer or sibling who are or have used substances. Or when there is a concern that the child may be vulnerable to substance misuse. They also provide support around reducing other risk taking behaviour e.g. sexual health/relationships.	Referral via GP, School, CART, or self-referral C-RMZ Kingsway Widnes WA8 7QE Tel: 0151 257 2520
Barnardos Hear 4 U	Is an emotional health service for children and young people in Halton. Hear4U gives children and young people a chance to talk to an independent, trained counsellor about anything that is on their mind or is causing difficulties.	Referral via GP or School or CART C-RMZ Kingsway Widnes WA8 7QE Tel: 0151 257 2520
Barnardos Go 4ward	Offers an emotional health service for children & young people in the care of Halton Borough Council. Go4ward also works alongside carers and other professionals as part of a supportive team response, tailored to the individual needs and circumstances of each child and young person and their carers.	Referral via GP or School or CART Go4ward C-RMZ Kingsway Widnes WA8 7QE Tel: 0151 257 2520

Tier 3 Specialist

These services are provided by 5 Boroughs Partnership: Single point of access and advice line for referrers 01925 579405 or visit 5boroughspartnership and search the site for **CAMHS Assessment and Response Team Referral form**

Tier 4

These services are provided by 5 Boroughs Partnership and referrals are only made from Tier 3